

Ice Hockey -- Equipment Checklist

Hockey Equipment needed with sample prices

Essentials (required for PE Class)

Helmet with full face mask	\$60	
Stick	\$20-200	
Skates	\$60-300	(can use rentals for class)

Necessities for team play

Shin Pads	\$35
Gloves	\$20
Pants	\$40
Elbow Pads	\$25
Shoulder Pads	\$30
Neck guard	\$10

Clothing items

Skate socks	\$5	
Hockey Socks	\$15	
2 Jerseys	\$40	(dark and light for "home" and "away")
Garter Belt or Hockey Shorts	\$10-30	
Suspenders	\$10	
Jock or Jill	\$10	
Mouth Guard	\$5	

Extras

Hockey bag	\$35
Hard rubber guards for walking off ice	\$8
Terrycloth "soakers" for storing blades	\$6
Towel or chamois for drying blades	\$2
Cloth hockey tape	\$3
Clear sock/shin guard tape	\$3

Total \$445

Purchase, Sizing & Care tips

Boots: Snug fit (shoe size or smaller); heel cannot lift up; sturdy construction

Blades: Have sharpened when new and as needed; no nicks, burrs, or rust on blade;

Dry after use; do not walk on hard surfaces

Stick: Should come roughly to nose when in shoes, to chin when in skates. Varies by preference and position.

Helmet size - hat size (head circumference):

Small - 6 3/8 - 7 (20-22")

Medium- 6 7/8 - 7 3/8" (21.5-23")

Large - 7 1/4 - 7 7/8" (22.8-25")

XL - 7 5/8 - 8" (23.25-25.22")